

Sage Stone Counseling Chicago area offices are situated on the territories of many Indigenous peoples, including **Hoočąk** (Ho-Chunk), **Kaskaskia**, **Bodwéwadmi** (Potawatomi), **Očhéthi Šakówiŋ**, **Kiikaapoi** (Kickapoo), **Myaamia**, **Peoria**, and more. While the 1833 Treaty of Chicago forced many Indigenous tribes in this area to move west of the Mississippi, a steep decline in Indigenous populations occurred between 1650 and 1833 because of white European colonization, genocide, and disease.

While land acknowledgments are important for the visibility of Indigenous people and highlighting the fact that colonization has occurred in our nation's history, these statements alone are not enough. [Learn about Indigenous land acknowledgment and the importance of doing more.](#)

As individuals and as an organization, we are committed to supporting Indigenous people and nations where we work and live by engaging in the following activities on an ongoing basis:

- Our organization and the staff will participate in training to support the Indigenous people we support in our work.
- Our organization will reach out to local Native organizations and communities to provide volunteer hours and make yearly donations to support their efforts.
- Therapists will provide referrals for Native or Indigenous healers rather than appropriating Indigenous practices.
- Therapists will ask clients about their spiritual practices and incorporate spirituality discussions in therapy sessions as appropriate.

We will frequently revise, improve, and strengthen this action plan as we continue to conduct research and receive feedback from people in my community. We will share this action plan with our network and encourage colleagues to create their own.